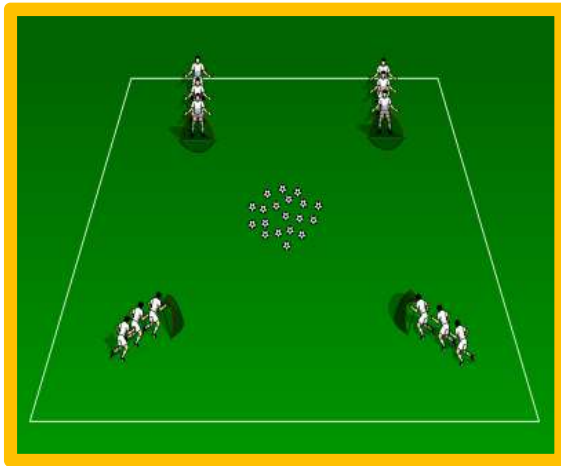




<p>© Copyright www.academysoccercoach.co.uk 2019</p>	<p>Superhero Tag!!</p> <p>Tuck your cape (pinnie) into the back of your shorts. Now try and get other superheroes capes while trying to protect yours.</p> <p>Play once or twice without ball and then play with balls.</p>
<p>© Copyright www.academysoccercoach.co.uk 2019</p>	<p>Superhero Super speed</p> <p>How quick can you run around the cone and high five the next superhero to get your team to finish first? Make sure each hero goes twice and then sits down.</p> <p>Then Coach to roll a ball to each superhero to try and score. Must score before next Superhero leaves.</p>
<p>© Copyright www.academysoccercoach.co.uk 2019</p>	<p>Superhero Super Speed 1v1</p> <p>Run around your cone and fight your fellow hero to score a goal.</p> <p>Coach plays in ball when first hero rounds the cone. Who can score</p>
	<p>Super Hero Speed Rescue</p> <p>Can you get into the other superheroes hideout and save your sidekick (cone)</p> <p>Don't get caught or you will have to be rescued.</p> <p>Play without ball first then with</p>

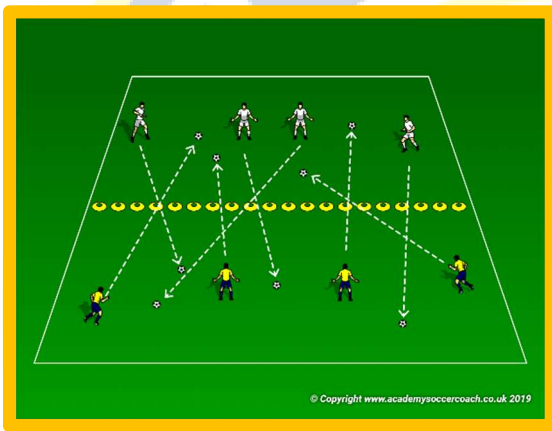


Super power recovery

Can you get your superpowers back?

Split into four superhero groups and have the superpowers (balls) in the middle. The group with the most superpowers in their superhero hideout (pop up goal) regains their superpowers!!

Play a few times



Superkick

Can you kick all the soccer balls into the other team's superhero hideout?

Remember superheroes do not use their toe and they want the balls to stay in the other teams hideout so don't kick it too hard.

If you kick it too hard use the superhero speed to go and get it.

It possible play against supervillains (parents)