



	<p><b>Body Parts</b></p> <p>Make sure that each player has a ball.</p> <p>The players should be dribbling around and then the coach will shout a body part and they have to stop the ball and then place that body part on the ball.</p> <p>Play for 10 mins (drink)</p>
	<p>Red Light Green Light On Green light, players begin dribbling. On Red light, players stop immediately and have their foot on the ball. Additional commands can be used - "Yellow light" - slow down, "Turn" - move your ball in the reverse direction, "Pay the toll" complete ten boxes "Gas up the car" run to the edge of the field and complete ten toe taps. "Change" - every player leaves their ball goes to another ball and resumes.</p> <p>Make it Crazy</p>
	<p><b>Sharks and Minnows Crossover</b></p> <p>Split the groups into 2 and set up 4 outside zones Have them dribble across and try and avoid each other.</p> <p>They can be tagged anywhere in the middle Embrace the chaos and enjoy it!! Be loud!!</p>
	<p><b>Mini game,</b></p> <p>Split into 2 teams but they can score anywhere and there are lots of balls.</p> <p>If you can see they are progressing well you can move to a more regular style of game.</p> <p>Still focus on the change of direction</p>